

Dowsing Spirits Environmental Checklist

Aerosol Sprays		Nylon Tights	
Air Fresheners		Preservatives in Injections	
Aluminium		Preservatives in Medicine	
Amalgam (tooth fillings)		Perfume	
Antiperspirants		Petrol/Diesel	
Aftershave		Platinum	
Bird Feathers		Pillow	
Brass		Pollen	
Cadmim (batteries)		Pot Pourri	
Cat Hair		Rabbit Hair	
Chrome		Shampoo	
Cleaning Fluids		Shampoo Conditioner	
Chipboard		Sheep	
Coal Fires		Silver	
Copper		Soap	
Cosmetics		Synthetic Fabric	
Cow Hair/Hyde		Tin	
Deodorants		Toilet Cleaner	
Detergents		Toothpaste	
Dog Hair		Traffic Fumes	
Dust – garden		Vaseline	
Dust – house		Washing Up Liquid	
Duvet		Wood Preservatives	
Fabric Conditioner		Zinc	
Furniture Polish			
Gold		Use these as general headings then start to drill down to the specific product that you regularly use.	
Grass			
Hair Dye			
Hay			
Horse Hair			
Insecticides			
Iron			
Laundry Liquid			
Lead			
Light bulbs			
Mattress			
Mercury			
Microwave Oven			
Moisturiser			
Mouth Wash			
Newspaper & Newspaper print			
Nickel			